

## Lesson Rates

### Adult Students

1 hr. \$60/ 30 min. \$40

### Juniors & Seniors

(17 yrs. old and under & 62 yrs. and older)

1 hr. \$45/ 30 min. \$35

## Group Lessons

2 Students ... 1.5 hr.....\$45 ea.

3-4 Students.....2.0 hr.....\$35 ea.

5 + Students...2.0 hr.....\$30 ea.

## Mini Series

(3 ea. / 1.5 to 2 hr. lessons)

Single Student (1.5 hr.) ..... \$150 ea.

2 Students (1hr.+ 45 min.).... \$130 ea.

3 Students & Juniors ..... \$110 ea.

## Playing lessons

9 Hole playing lesson ..... \$75

## Five Day Junior Golf Camps

(Limit 10 per class) ..... \$200 ea.

Ages (11-14)

(Check Website or Call for Dates and Info)

## Range Balls & Course Rates

Small ..\$7.75 Medium ..\$8.75

Large. \$9.75 Jumbo .....\$21.00

**Green Fees: 9 Holes \$12 / 18 Holes \$18**

**Week Ends: 9 Holes \$13 / 18 Holes \$21**

**Cart Rental: 9 Holes \$10 / 18 Holes \$16**

**Club Rental : 9 Holes \$5 / 18 Holes \$8**

## Playing Membership Only

Couples \$500 / Single Adult \$350 ea.

Juniors & Seniors \$275 ea.

## Range Balls Membership Only

Couples \$400 / Single Adult \$300

Juniors & Seniors \$250

## Combination Membership

Couples \$750/ Single Adult \$575

Juniors & Seniors \$500

## Sonny's Par 3 & Driving Range

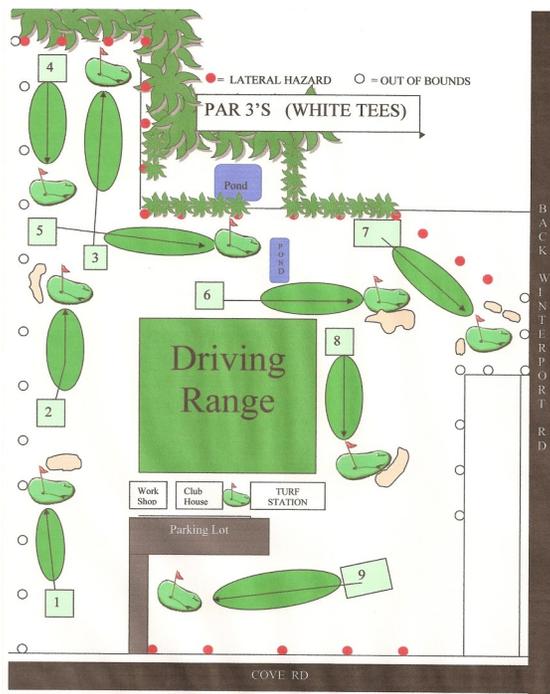
130 Cove Rd. Winterport Me.

(207) 223-5242

[www.sonnysrange.com](http://www.sonnysrange.com)

**9 Hole - Par 3 Golf Course**  
**Course and Range Open:**  
**Tues. - Sunday 7 AM— 8 PM**

Lessons (Individual & Group)  
VIDEO ANALYSIS (By appointment)  
NIGHT LIGHTED RANGE  
18 PAD STATIONS — 8 COVERED  
20 TURF STATIONS  
TARGET GREENS  
PUTTING & CHIPPING GREEN  
PRACTICE SAND TRAP  
CLUBHOUSE & SNACK BAR  
VALUE CARDS & MEMBERSHIPS



# Sonny's Par 3 Course & Driving Range



**2017**  
**Golf**  
**Lessons**  
**With**  
**Sonny**



**US GTF**  
UNITED STATES GOLF TEACHERS FEDERATION  
— Leader in the Field of Golf Instruction —

## Golf

Golf is not only one of the fastest growing sports worldwide, it is also the most popular recreation in the United States today. Every year, more and more people are trying their hand at golf, only to find out that even though it is fun, golf is a very frustrating and difficult game. The odds are great that the majority of these new golfers, and many existing golfers will be totally dissatisfied with their natural golf swings.



### How to Beat the Odds

Regardless of what is done to improve one's golf swing, it must be understood from the very beginning that the time and effort it takes to see major improvement can be great. Although not much can be done to take the place of the effort involved, much of the time it takes to better your swing can be reduced substantially by just increasing your knowledge of the golf swing. The best way to do that is to take a golf lesson.



## Taking Lessons

Almost everyone who wants to take a golf lesson has the same goal—to play better golf. My goal, as your instructor is to not only help you play better golf, but also give you a working knowledge of the golf swing. The purpose of this knowledge is simple, when you understand how the golf swing works, your ability to correct, change and fine-tune your swing in-



creases dramatically! All of my instruction is geared toward your understanding of the basic principles of the golf swing. Once these basic principles are understood and applied, your confidence will go up and your scores will go down.

### What to Expect

Even though a correct golf swing is one of the most complex motions the human body can attempt, the golf swing that you currently have, whether it's good or bad, always seems to repeat. This ability to consistently repeat the same motion is one of the cornerstones to building a solid golf swing. Replacing the bad habits with the correct habits as quickly as possible will be one of my major objectives. Other objectives include, but aren't limited to

the following:

- **Knowing correct and incorrect mechanics.**
- **Understanding of these mechanics and the ability to diagnose every shot.**
- **Ability to acquire a “feel” from these mechanics that will be correct, repeatable and comfortable.**
- **A working knowledge of the following:**
  - Drivers and Fairway Woods
  - Iron Shots
  - Chipping & Pitching
  - Putting
  - Rough and Sand shots
  - Trouble shots
  - Course Management
  - Mental Attitude/Outlook
  - Etiquette and Fair play



But more than anything else, you should expect to learn enough about golf and your golf swing to make your next trip to the golf course a lot more fun. For some people that means posting a much better score. For others, it means just getting out on one of Maine's beautiful courses for the first time with enough confidence to feel comfortable. But whether you are a beginner or you have been playing for years, I feel confident that I can make your golf game better and a lot more fun!

### Finally

So if you want to get started in golf the right way, or tired of the swing that you have, take the next step, take a lesson.